

Donna Gaudette, B.Msc., LMT, RMT, CMP



Donna Gaudette has been on her spiritual and holistic healing path for many years. Guided by personal experiences, her intuition, spiritual beliefs and a desire to help others facilitate change in their own lives, she has helped hundreds of clients to achieve peace and healing not only in a physical sense, but in an emotional and spiritual sense as well. She believes that in order to heal our physical self, we must also heal the emotional and spiritual self as well. When we teach others to empower their own lives with positive influences, true healing can take place from the soul level. Donna facilitates healing sessions and lectures as well as classes, workshops and events.

### *Credentials and Certifications*

Bachelors Degree in Metaphysical Science  
Certified Metaphysical Practitioner  
Certified Angelight Messenger  
Certified Metaphysical Minister  
Licensed & Certified Massage Therapist (RI)  
Certified Hypnotherapist  
Certified Spiritual Healer  
Reiki Master Teacher

Donna is pursuing a PhD in Metaphysical Science.



Please visit our website for hundreds of pages of information, resources, links, message boards, interactive features, free downloads, gift shop, bookstore, music store and so much more!

[www.heaven-and-earth-holistic.com](http://www.heaven-and-earth-holistic.com)

### Heaven & Earth

We are located in MA & RI  
All clients seen by  
appointment only

63 Old Greenville Rd.  
North Smithfield, RI 02896

503 Main Street  
2<sup>nd</sup> FL  
Medfield, MA 02052

Gift Certificates Available

## Heaven & Earth



*Empowering you to heal your body,  
mind, spirit and soul*

**(401) 286-1852**

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# About Heaven & Earth

Heaven & Earth is a holistic and spiritual healing collaborative dedicated to empowering you to heal your body, mind, spirit and soul through information, healing sessions and interactive classes, workshops and events.

At **Heaven & Earth** we don't just focus on one healing aspect, we focus on the *whole* body, mind, spirit and soul. Often times, we don't realize that the issues or events we have going on in our lives, not only affect us physically or psychologically, they can, in many ways target the emotional and spiritual aspect of our well-being.

You may find yourself asking yourself, "Why am I here? What is my purpose?" We may feel as if we are wandering around not feeling connected to anything. We are missing a piece of us, a piece of who we are, of who we might be. It may have taken you years to become this lost and the change for which we are seeking does not happen overnight. We must be patient with ourselves and allow ourselves to heal inside and out in order to experience true change. Spiritual Life Coaching often can help by empowering you to find the true answers to these and many other questions.



Most people who come to us know exactly what they want for a healing session. But, if you are not sure what healing modality you want to try or experience, we can help you decide. If you are scheduling a session for other than an Intuitive Reading, we will take an in-depth client history to determine the appropriate healing modalities for your particular goals. You are always free to choose what you want...or don't want.

*Heaven & Earth* offers a no charge complimentary phone or in-person consultation at your request. During this time, we will discuss your healing needs and discuss your desired goals. Having a broad offering of services allows us to customize and personalize each session for your optimum healing needs.

We listen with our ears, our hearts, our mind and our intuition to what you, your body and your soul is communicating to us before, during and after your session. We will not forget about you or your healing journey after the session is over. We offer continued support, if that is what you choose.

The outcome of your session depends on your desire to facilitate the change your body, mind, spirit and soul is seeking.

.If you've viewed our website ([www.heaven-and-earth-holistic.com](http://www.heaven-and-earth-holistic.com)) you've seen we have hundreds of pages of information and opportunities to learn more about holistic and spiritual healing. If you are a holistic and/or spiritual healing practitioner, we welcome the opportunity to collaborate and/or network with you. Its all about helping others to succeed on their own healing journey. We are just the guides.



We offer the following healing services:

Holistic Massage Therapy (RI Only)

Aromatherapy

Vibrational Healing With Tuning Forks

Chakra Balancing & Alignment

Reiki

Spirit Reiki

Integrative Holistic Energy Therapies

Guided Visualization for Healing

Crystal & Gemstone Healing

Integrative Holistic Massage Therapy (RI)

Spiritual/Holistic Life Coaching

Spiritual Intuitive Readings

Angel Guidance Readings

Integrative Holistic & Spiritual Healing

Sacred Spiral Stone Therapies (2009)

Remember, we can combine several healing modalities for your needs. We are available to answer your questions, discuss your concerns or to schedule an appointment or complimentary consultation.

In an on-going effort to reach as many people as we can to promote holistic and spiritual healing, we offer many classes, workshops and events. Several classes are offered monthly, including some free classes and events!

Please check the calendar on the website for updates or call us to have the class schedule mailed or emailed to you.