

Dear Readers,

The journey that I have embarked on over the last few years has been incredible. I have met so many wonderful people and had so many positive experiences. I am privileged to have been a part of your healing journey.

When times change, sometimes people have to change with those times. I have been doing a lot of soul searching and realize that I need to stay true to my soul's calling. I have enjoyed learning and growing with each and every session I have facilitated. No matter what healing modality I offered.

Part of our journey sometimes, is learning to let go. It is with this realization, that I have decided to no longer offer Angel Intuitive Readings or Medium Readings. When I first started doing these sessions, I felt I was making a difference in your life. As time went by, I started to feel that many people were becoming dependent on 'knowing the future' which if any of you, who have had a reading with me, know that I do not partake in. I feel that the future must be created and not forecasted.

I have made it a mantra to ask clients to read the 'frequently asked questions' about an Angel reading before scheduling a session to know how I and the Angels facilitate a session. Unfortunately, this has been disregarded and I am left to play '20 questions' with those of you who refuse to be a part of the process. Often times you are sitting across from me with a blank stare and not willing to open the lines of communication.

This is very frustrating for you and its even more frustrating for me, because you are looking for answers for which I do not have permission to look upon. It goes against all that I believe in and feel in my heart and soul.

Again, I stressed at the start of every session that this is not a predictive reading and not a psychic reading. But unfortunately, I have been put in the position many times of feeling pressured to read your mind and predict your future. This has left me feeling energetically drained and not able to function on a level that is productive.

This is not to say that I will stop facilitating Spiritual Advising or Spiritual Life Coaching sessions. At the outset of building my healing practice, it was always my intention to offer the readings as part of your healing journey or process. If you had an issue going on or something going on in your life that you were struggling with, a situation where grief was something difficult to get passed, a decision to make or even at a crossroads, we could ask the Guides and Angels and Spirit for guidance. Many of you benefited from the readings in that nature because they were based on spiritual principals.

For those of you who have had sessions for just a reading where you had issues going on and were just there for a reading to help guide you, I know you benefited from the dialogue, and I thank you for not expecting predictive readings but allowed yourself to be open to the possibilities that were communicated to you from Spirit, the Guides and Angels.

But, somehow along the way, the readings have turned into ‘tell me my future’ readings. Because I work with Spirit and the Angels and Guides, I no longer feel comfortable facilitating these sessions. If you are looking for a type of reading that is predictive or are intent on not being part of the process, then I urge you to look elsewhere for someone who can help you with this.

If you are in need of Spiritual Life Coaching, Spiritual Advising or would like a Spiritual Reading to help you with the tools to empower your own life to either move on from grief or to help with decisions or issues going on in your life, then please call me for a session. I will continue to see those who are truly interested in empowering their own lives to remember the tools that Spirit gave them when they were born. I am not turning my back on any of you who truly need the services of spiritual healing.

Please remember that these sessions are based on spiritual guidance and are not meant to be predictive in nature. If you are interested in a reading, please know that these readings will be listed on the website as a Spiritual Reading and I implore you to read the frequently asked questions before scheduling a session or scheduling a session on behalf of someone else.

I have always lived true to my word and I will continue to bring you the most interesting up to date information on holistic and spiritual healing.

Spiritually Yours,
Donna Gaudette
Heaven & Earth

Empowering you to heal your body, mind, spirit and soul