



Heaven & Earth

Empowering you to heal your body, mind, spirit and soul

Welcome to Heaven & Earth!

We would like to personally thank you for considering Heaven & Earth for your holistic and/or spiritual healing needs. It is our intention and goal to provide you with a positive experience for spiritual and/or holistic healing sessions.

We ask that all first time clients complete the client history form prior to your appointment. You can bring the completed form with you to your appointment. If you do not have a printer or cannot print the attached file, you can complete it the day of your appointment. Please allow an extra 15-20 minutes before the start of your appointment to complete the forms.

Please note, if your appointment is for a complimentary consultation, you **do not** need to complete the forms.

These forms are for your own protection as well as fulfilling our obligations for recordkeeping. Please be assured, that your information is held in strict confidence and will not be shared.

We have included all the pertinent information needed for your first visit with us. If you have any questions about the forms or would like to speak with us, please call us at (401) 286-1852.

We are looking forward to meeting you and helping you on your journey!

Spiritually Yours in Health & Wellness,

Donna Gaudette

Donna Gaudette, B.Msc., LMT, RMT, CMP
Holistic & Spiritual Healing Practitioner

Directions to Heaven & Earth North Smithfield, RI Office

We prefer that you get door to door directions from our website. Please visit our site at www.heaven-and-earth-holistic.com and visit the page marked for directions to the **North Smithfield, RI** office. You would simply put in your starting address and it will bring you right to our North Smithfield, RI office.

If you have a GPS or would like to use another program besides the one on our website, the office address is:

**63 Old Greenville Rd.
North Smithfield, RI 02896
(401) 286-1852**

If you are on RT. 146 north, take the Woonsocket Exit (Rt. 104). At the end of the exit, take a right. You will go under the overpass for RT. 146. Immediately on the left is **Old Greenville Rd.** (the street sign is a little faded). You will follow Old Greenville Rd. for about ¼ mile.....the driveway to our home healing space is on the right. If you go too far, it is a dead end and you will have to back up, as there is no where to turn around. We are in the process of getting a small sign made to put at the bottom of the driveway.

Please note: the driveway is dirt and crushed stone. Due to the winter weather we had and the frequent rainstorms, the driveway has some small dips in it. Please drive up the driveway slowly.

Client parking is immediately in front of you as you come up the driveway. It is a grassy area. We are in the process of putting a **CLIENT PARKING** sign in that area. Please walk up to the house and ring the doorbell. Our healing space is located in a residential setting, but in private quarters. We have 2 rooms that we use for healing space and privacy during your sessions is guaranteed.

Our Mission Statement

Our mission is to provide an environment where you feel safe, nurtured and secure in your thoughts and in your surroundings. We promise to help empower you to heal your body, mind, spirit and soul.

LATE POLICY

If you are late for your scheduled appointment, upon your arrival, the appointment will start ASAP and the appointment will end at the originally scheduled time. If the practitioner does not have another appointment following your session, the practitioner can extend the end time to provide you with the full length of the session. However, if the practitioner does have a session after yours, the appointment will end as scheduled and you will be charged for the full amount of the session.

If you are more than 15 minutes late for your scheduled appointment, the practitioner may have to reschedule your appointment. You may be responsible for payment for any missed or skipped appointments.

We understand that at times, there are circumstances out of your control. If you know you are going to be running late, please give us a courtesy phone call at 401 286 1852 to communicate any problems or issues to us, so we can adjust any scheduling issues or to re schedule your appointment.

CANCELLATION POLICY

If the client cancels 24 hours ahead of the appointment, there will be no charge. If the client cancels within less than 24 hours, the client may be charged for the full amount of the session. This is at the discretion of the practitioner and is dependent upon the reason for cancellation.

Privacy Policy

Information that you share with your therapist through written forms or during session conversations, and/or any documentation prepared by your therapist relating to you, is privileged information and will not be shared with anyone for any reason without your expressed written direction to do so.

This policy does not apply to any current or future partners of the practice who might act in a consulting capacity, or might provide massage services in the absence of your primary therapist. information related to your care.

In exception, we must provide information requested by any local, state, or federal government agency which makes the request in accordance with, and as directed by prescribed law.

Should you have any questions or concerns, please feel free to discuss them with your therapist.

Heaven & Earth

Payment Policies Heaven & Earth

Heaven & Earth accepts the following for payment for Services:

- ❖ Cash
- ❖ All major credit cards
- ❖ Paypal
- ❖ Checks (from established clients only, or from new clients, checks received at least 10 days in advance of the appointment/session/workshop)
- ❖ Gift Certificates

Heaven & Earth accepts the following payments for classes, workshops and events:

- ❖ Cash
- ❖ All major credit cards
- ❖ Paypal
- ❖ Checks (from established clients only, or from new clients, checks received at least 10 days in advance of the appointment/session/workshop)
- ❖ Gift Certificates

Heaven and Earth accepts the following payments for all Gift Certificates:

- ❖ Cash
- ❖ All major credit cards
- ❖ Paypal
- ❖ Checks (checks must clear the bank before the gift certificate can be issued)

Heaven & Earth does not accept any insurance.

Heaven & Earth occasionally offers a sliding fee scale to those clients we feel are in need of our services and are experiencing financial difficulties. Please discuss this with us prior to your session.

Donna Gaudette, B.Msc., LMT, CMP, RMT
Holistic Healing Practitioner
(401) 286-1852

Donna Gaudette, is a resident of North Smithfield, RI for the past 11 years. Prior to moving to RI, Donna lived in Blackstone, MA most of her life. Donna owns *Heaven & Earth* and *Angels Among Us* and *New England Holistic Health and Wellness*.

Free Consultations on any service offered

Certifications/Credentials

Therapeutic Massage & Bodywork (RI Licensed)
Reiki Master Teacher
Certified Spiritual Healer
Certified Angelight Messenger
Certified Hypnotherapist
Energy Therapist
Interfaith Minister
Bachelors Degree in Metaphysical Science
Certified Metaphysical Practitioner

Memberships/Affiliations

ABMP
NCBTMB
American Board of Hypnotherapy
International Metaphysics Ministry

Healing Services

Massage Therapy (RI only)
Reiki
Spiritual Empowerment Sessions
Spiritual & Holistic Life Coaching
Guided Visualization for Healing
Intuitive Healing & Readings
Energy Psychology
Vibrational Healing with Tuning Forks
Aromatherapy
Energy Therapies
Spiritual/Intuitive Readings
Facilitator for interactive classes, workshops and events (also available for your events)
Spiritual & Holistic Reflexology
Chakra Therapies
Integrative Holistic Energy Therapies (not to be confused with IET)
Channeled Healing for Positive Change
Angel Gatherings Goddess Gatherings

Future Healing Services

EFT (Emotional Freedom Techniques)
Sacred Spiral Stone Therapies
Medical Intuition

Certification Classes Offered

Reiki Level I
Reiki Level II
Reiki Level III
Reiki Master Teacher Level

Energy Therapy Practitioner Program (2009)

Facilitated Classes (subject to change)

How to connect with Angels, Guides and Guardians
Meditation Express: How to use guided visualization to Achieve Inner Peace and Harmony
Guided Journey through the Chakras: Beginner, Intermediate and Advanced Level
How to use Angel Guidance Cards
Sacred Journey: the path to finding your life purpose
Uncovering Your Psychic Strengths
Empowering your Inner Goddess
How to Empower and Heal Your Life

Suggestions for classes gladly welcome!

Offices

Clients seen by appointment only, please.

Massachusetts Office:
503 Main Street (Rt.109)
Medfield, MA 02052

Second floor
(all services **except** massage therapy)

Rhode Island Office:

63 Old Greenville Rd.
North Smithfield, RI 02896
(*all services offered*)

Contact Information

Telephone: (401) 286-1852
Email: DGaudette@cox.net
Web: www.heaven-and-earth-holistic.com

Payment Types Accepted

Cash
All Major Credit Cards
Paypal
Checks

Heaven & Earth

Disclaimer

Please read for your protection

Heaven & Earth does not treat or diagnose any medical or mental health conditions, nor do they prescribe medications or medical treatments. Donna Gaudette is a RI licensed massage therapist and holds certifications in metaphysical healing, spiritual healing, and other holistic healing modalities. Heaven & Earth, et al believes that you should seek immediate medical attention for any health or mental related issue you may be having.

Holistic and/or spiritual healing is not a substitute for conventional medicine. We will make every effort to assist you in learning more about holistic and spiritual healing treatments.

You should never stop taking any prescribed medications without your doctor's knowledge/consent. It is your responsibility to let your practitioner "Donna Gaudette" know of any medical conditions, including mental/emotional conditions for which you are being treated. This includes the initial visit and subsequent visits. This is to ensure that any healing modalities you try from a holistic and spiritual standpoint are not contraindicated for you based on your medical/prescription history.

Your safety, health and wellness are our primary concern and we will make every effort to ensure your sessions with us are done in a professionally accepted environment. We feel that communication is key to a healthy positive outcome.

Donna Gaudette, B.Msc., LMT, RMT, CMP

Donna Gaudette has been on her spiritual and holistic healing path for many years. Guided by her intuition and her own spiritual beliefs, she has helped hundreds of clients achieve peace and healing not only in a physical sense, but in an emotional and spiritual sense as well. She believes that in order to heal our physical self, we must also heal the emotional and spiritual self as well

Credentials and Certifications

Bachelors Degree in Metaphysical Science
Certified Metaphysical Practitioner
Certified Angelight Messenger
Certified Metaphysical Minsiter
Licensed & Certified Massage Therapist (RI)
Certified Hypnotherapist
Certified Spiritual Healer
Reiki Master Teacher

Donna is pursuing a PhD in Metaphysical Science.

Please visit our website for hundreds of pages of information, resources, links, message boards, interactive features, free downloads, gift shop, bookstore, music store and so much more!

www.heaven and earth holistic.com



Heaven & Earth

We are located in MA & RI
All clients seen by
appointment only

63 Old Greenville Rd.
North Smithfield, RI 02896

503 Main Street
2nd FL

Medfield, MA 02052

Gift Certificates Available



Heaven & Earth



*Empowering you to heal your body,
mind, spirit and soul*

(401) 286 1852

www.heaven and earth holistic.com

About Heaven & Earth

Heaven & Earth is a holistic and spiritual healing collaborative dedicated to empowering you to heal your body, mind, spirit and soul through information, healing sessions and interactive classes, workshops and events.

At Heaven & Earth we don't just focus on one healing aspect, we focus on the *whole* body, mind, spirit and soul concept. If you've viewed our website (www.heaven-and-earth-holistic.com) you've seen what we offer and our mission to empower you to facilitate the changes you need in your life.

Often times, we don't realize that when we have issues going on in our lives, those emotional or psychological issues can in many ways target the emotional and spiritual aspect of our well-being.



Most people who come to us are not sure what or when their issue began. For therapeutic sessions and spiritual healing sessions, we take an in-depth client history to be able to formulate the best session for your healing needs.

Whether you're coming in for a therapeutic session, an Angel Intuitive Reading, a Spiritual Reading or a Spiritual Life Coaching session, we ensure your experience is a positive one.

Heaven & Earth offers a no charge complimentary phone or in-person consultation at your request. During this time, we will discuss your healing needs and your desired outcome. All sessions can be customized to your healing needs.

At *Heaven & Earth*, your session can be as simple as a relaxing massage or can include several healing modalities incorporated into your session. No two sessions are the same. That is why Heaven & Earth is unique.

We listen to what you and your body is telling us when we design your session. The outcome of your session depends on your desire to facilitate the change that your body, mind, spirit and soul needs.



We offer the following healing services:

Holistic Massage Therapy

Aromatherapy

Vibrational Healing With Tuning Forks

Chakra Balancing & Alignment

Reiki

Integrative Energy Therapies

Guided Visualization for Healing

Crystal & Gemstone Healing

Integrative Holistic Massage Therapy

Spiritual Empowerment/Life Coaching

Spiritual Intuitive Readings

Angel Guidance Readings

Integrative Holistic Healing

Sacred Circle Stone Massage

Spiritual Reflexology

Holistic Life Coaching

Sacred Space Blessing

Any session can include one or more healing modalities. We will discuss your healing needs when you contact us for information or to schedule an appointment.

Heaven & Earth offers workshops, classes and events based on holistic and spiritual healing principals. Here is a partial list of the classes/workshops/events offered:

Reiki Certification Weekends- we teach Reiki I & II together and Master/Teacher together.

Angels Among Us Intuitive Angel Readings- a certification weekend that is not only based on spiritual healing, but on emotional well-being as well.

Please check the calendar on the website for updates!

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