



## Heaven & Earth

### **What is an Angel Intuitive Reading?**

Angel Intuitive Readings, also known as Spiritual Readings, Spiritual Mediumship Readings or just Angel Readings can be life altering, therapeutic or just comforting. It depends on what YOU are seeking to get from the reading. The process of the connection to Spirit and your Guides is done with the intention of facilitating a connection filled with love and light and is different for each individual. We believe that the energy you have in and around you can summon the energy needed to facilitate a powerful reading.

### **What happens during the session?**

At the start of the session, we call in our Guides, Angels, your Guides and Angels and ask the Archangels to help deliver the messages you need for your session for your highest good. We also ask that if a connection is made with a loved one, would you want to know. It is definitely ok to say 'no' to this. Some people come for sessions just for the readings themselves and have no expectations of connecting with a loved one.

### **Will I be able to connect with a loved one on the 'other side'?**

The key to a successful connection is communication. If you are open to connecting with a loved one, they do not 'know' me but they do know you. If we are exchanging dialogue, chances are, your loved one will want to connect with you because they recognize the Spiritual Intuitive as the conduit for which the connection can be made.

### **Are Intuitive Readings helpful for other areas of my life?**

Do you have questions regarding a life path or event in your life that you are seeking guidance on? Perhaps the Angels and Spirit can offer messages of hope, guidance, compassion and wisdom. We use our intuition to 'tap into' the energy of things that have happened and/or into things that may happen in the future. Please remember, these are not predictions, just observations of what we 'see' through our intuitive ability. As human beings, we have free will to change the path in our lives and these readings are just a guide.

### **Are the messages predictions in any way?**

We do not give predictions or advise you on what color car to buy, where you should go for vacation...or to help pick lottery numbers. Intuition and predictions are two totally different areas.

## **What kinds of messages or intuition can you offer?**

Your session will be filled with positive spiritual energy and the messages received are delivered with peace, joy and compassion and allows you, the receiver, to feel safe, secure and totally at peace.

## **I've had an Angel or Intuitive Reading done in the past, how is this different?**

Often times, if you've had a prior experience with a reading from someone else that didn't go well or was riddled with strife or bad news, you will have those misconceptions carried over into your outlook for an Angel Intuitive Reading. We ask that you release those negative or limiting beliefs before coming for your session.

## **Do you always use the Angel Intuitive Cards during a session? How are they different from Tarot cards?**

The Spiritual Intuitive at Heaven & Earth has never used Tarot Cards and although there is nothing wrong with using them, she is not familiar with them, and prefers to use Angel Guidance Cards and her intuition for the session.

## **What kinds of Angel Cards do you use?**

The Angel cards we use vary....there are several decks by Doreen Virtue that we found inspiring. The cards, although positive in nature, sometimes can bring you in a direction where more information is needed....or could open a thought process not yet touched upon. We are also asked if we 'see' anything that is less than positive, do we let you know.....absolutely! If we 'see' turmoil or situations that you should be wary of or concerned with, you can be assured that this information will be delivered in a way that is for your highest good. The Angels and Guides are very tactful when delivering messages.

## **Can I use these Angel Intuitive cards on my own?**

Absolutely! You can purchase these cards from any bookstore or online. You can also order them at Amazon.com through the link on our website.

## **Will I get 'bad' news or 'good' news during my session?**

It is not the Intuitives job or intention to 'filter' through the information. What she sees, is what she will deliver....but it is delivered with love and compassion. Often times we 'see' or 'hear' things that make no sense to us, but they may make sense to you...because we are getting information at a higher vibrational frequency, we sometimes just get words, pictures, glimpses, smells, tastes, feelings, emotions and images.

## **Is there anything else that I can expect from the session?**

You will find that the Spiritual Intuitive can deliver guidance and even just be a good listener should the information being delivered to you evoke happiness, tears, joy, sorrow or even grief. It is not

uncommon during an Intuitive Reading to feel a release of pent up sorrow or grief, frustration or even joy. Our clients often times leave the reading feeling as if a weight has been lifted off their shoulders. You can expect to feel safe, nurtured and secure in your thoughts, feelings and emotions during your session.

### **I have specific questions or areas that I need of some guidance in my life, how can a session help me?**

We are also asked if Spirit and Guides can help us with certain things we would like guidance or information. If you have specific questions you would like to ask your Angels and Guides, please feel free to communicate those questions during the session. You are welcome to write your questions down prior to the session and bring them with you. Spirit and the Angels love to answer your questions!

### **What is my part in the session?**

To facilitate a desired outcome, the Spiritual Intuitive will ask questions and expect feedback from you. If you have had tarot or psychic readings in the past you may have been expected to sit there and not 'give any information' or talk to the person doing the reading. This type of Intuitive reading is the total opposite of what you may have experienced with a tarot or psychic reading.

### **If I talk to the Spiritual Intuitive during the session, won't she use the information to formulate a response?**

Most people seeking out the help of a Spiritual Intuitive for guidance using the Angel and Spirit cards are doing so because they wish to facilitate change in their own lives. Please do not schedule a reading if you are not willing to participate in the connection. It is not the Spiritual Intuitives desire to play 20 questions or to 'guess' what you want answered. There will be no 'leading' questions, but if we are intuitively picking up on something, we will ask you for validation. We are not 'fishing' for information, but want to make sure we are in the 'right church, right pew' before continuing.

### **Have you had clients that you were not able to read or do a session with?**

Although rare, it does happen. This happens for one reason or another. They may have been coerced into coming for a session or they may not be ready to hear what they need to hear. In any event, if you are un-readable and we are not able to enter your field of energy to do the reading, we will let you know right away.

### **Can I bring someone with me?**

You can certainly bring along someone for the reading. If they are there for support and are to remain in the room, that is fine. If they are to just go with you and wait for you, then they are welcome to wait in our office where this is plenty of reading material.

### **My daughter/son would like to have a reading. Is that possible?**

We ask that children under that age of 18 have a specific reason for needing a reading and the parent must remain in the room where the reading is held at all times. **No exceptions.**

### **What if I can't keep my appointment?**

Please contact us as soon as possible if you are unable to keep your scheduled appointment.

### **What types of payment do you accept?**

We accept cash, credit cards and checks from established clients.

### **How often can I have a reading?**

You can have a spiritual life coaching/empowerment session as often as you need to. With regard to a reading to establish a connection with a loved one or for generalized issues going on in your life, we ask that you not rely on the Spiritual Intuitive to 'give you the answers' to life's questions and to not become addicted to the process. You have the intuitive ability inside of you to find these answers. Often times, it's just reaching into your soul.

### **What is the difference between a Spiritual Intuitive Reading and Spiritual Life Coaching/Empowerment Session?**

A Spiritual Intuitive Reading is usually a once or twice a year session where you are either seeking to make a connection with a loved one, spirit guide or your angels. Sometimes you have issues going on in your life that you need guidance on and a session for a reading will usually address those types of issues.

A Spiritual Life Coaching/Empowerment session is more involved and has more talk 'therapy' involved. It is usually for issues on-going in your life that you are seeking to find a solution or guidance to in a spiritual way.

There are often times that during a reading, we use techniques that we use for Spiritual Life Coaching/Empowerment to help you address or acknowledge an issue or energy blockage in your life. Sometimes just talking through the issue can make a world of difference.

### **Will I pick up the energy of other people who have come for sessions?**

We take great pride in spiritually cleansing and balancing our healing space. You will not pick up the energy of anybody before you.

### **What if I need a longer session than I scheduled?**

When you book a session, we allot that time for you. We try not to book sessions back to back, just in case the session needs to be extended at the request of the client. When there is 10 minutes left to your session, we will let you know. If there are no other appointments scheduled immediately after yours and you wish to continue, please let Donna know. Please also note, that you will be charged for the additional time. There is a \$5.00 charge for every additional 5 minutes over your session.

## **How do you handle seeing clients in your residential space?**

It was a personal choice to relocate the Pawtucket, RI office to North Smithfield, RI. This decision was based on many factors. We use two healing rooms to see clients. One room is for readings and therapeutic sessions and the other is our office that we use also for readings, classes and for sessions involving talk 'therapy'. Although it is in a residential setting, the pros of having a home healing space outweighs the cons. My family understands the need for privacy and professionalism when clients are seen.

## **Do you have any other offices in which you see clients?**

Yes, in Medfield, MA.

## **Can you come to my home to do a session?**

We do offer Angel Gatherings and Goddess Gatherings for 4-8 people. The information on this is listed on the website. We can arrange to do an individual session in your home. Please contact us for information regarding pricing, limitations, etc.

## **Can you do a group reading?**

At this time, we prefer to do individual readings.

***Please remember, your time and our time is very valuable and we want you to get the best reading possible. Communication between you and the spiritual intuitive is the key to a productive and desired outcome.***